

PROGRAM AND ACTIVITY GUIDE

APRIL - MAY - JUNE
TERM 2, 2024

JAPARA
Inspiring Community Connection

*The Heart
of Kilsyth*



SERVICE EXCELLENCE



FLEXIBILITY



LEARNING

Be Our Guest at Japara

Whether you're hosting a party, business meeting, workshop, craft group or health and wellbeing class we have the space for you!

Our home, The Kilsyth Community Hub, has a main hall with a large adjoining kitchen and a wide variety of meeting rooms, while across the road, situated in the beautiful Elizabeth Bridge Reserve, indoor and outdoor creative spaces are abundant.

Throughout the week we are a vibrant community hub hosting a large range of events, craft groups, dance classes, singing groups, church groups, exercise classes, business meetings and workshops.

Welcome

Many of our rooms are equipped with digital projectors, laptops, electronic whiteboards and have access to a central courtyard. Our Annex is a standalone building with big, beautiful floor to ceiling windows. Frequently used for yoga and tai chi classes, this space is also perfect for parties and craft groups.

The Early Years Building is very popular for children's parties. With direct access to a fully fenced playground, you can enjoy catching up with your guests whilst your little ones can safely explore the space without escaping!

For more information please contact us at venuehire@japarahouse.com.au



Take the Tour





Get Out in the Garden

Coming Soon - Japara Garden Club

Keep your eyes on our socials and get ready to join the Japara Garden Club!

Membership includes free gardening sessions lead by our gardening crew from Valley Care which will cover:

- Basic gardening skills
- Propagation and planting
- Harvesting plants and seeds
- Using tools safely
- Taking home plants and seedlings

Dates and times coming soon!

Follow us on Facebook to stay on top of what's coming up in the garden.

The Garden of Contemplation

We welcome everyone to explore this quiet space, created to acknowledge those impacted by family violence. Visit the garden to reflect, rest and relax. 49 Durham Road, Kilsyth

Kilsyth Community Compost Hub

If you live near Kilsyth or Montrose, get involved in this environmentally friendly option for unwanted kitchen scraps. Register using the QR below to become a member.



Sign up to join the Community Compost Hub.



Montrose Community Cupboard

49 Durham Road, Kilsyth
Free Food Markets & Community Meals
Follow Montrose Community Cupboard (Victoria, Australia) and Japara Neighbourhood House on Facebook. Meet your neighbours, share a meal and a cuppa.



Montrose Community Cupboard

**GIVE WHAT YOU CAN
TAKE WHAT YOU NEED**

Join a Free Event

Check out the fabulous, free events coming up in term 2 at Japara!

Teddy Bears' Picnic - Free Event

Saturday 13th April | 11:30 - 2:00 pm
Join us for free games and family fun at our Teddy Bears' Picnic! Pack your picnic lunch, your favourite rug or chair and bring the family down to Japara Bridge. **No bookings required**

International Women's Day Event

Tues 19th March | 10:30 - 11:15 am
Join us for an all-abilities fitness session in Celebration of International Women's Day! Designed for all ages and fitness levels. In the gardens of Japara Bridge. **No bookings required**

Men's Health Week Tai Chi Session

Thur 13th Jun | 12:00 - 12:30 pm
We are supporting men's health with a free, 30 minute Tai Chi session during Men's Health Week. Take a moment to prioritise your physical and mental health, socialise with other men and enjoy light refreshments and a chat. **Bookings required**

Make a Donation Events

Australia's Biggest Morning Tea

Tues 21st May | 10:30 am - 11:30 pm
Come down and join us for a cuppa, a cake and a chat on Tuesday 21st May to celebrate Australia's Biggest Morning Tea. Enjoy a performance by the Yarra Valley Singers and help us raise funds to support Cancer Council.

Donations appreciated on the day
Bookings required

International Hamburger Day

Wed 28th May | 5:30 - 7:00 pm
Sunset Burgers Community Meal at Japara on Wednesday 28th May. Come down to Japara and celebrate International Hamburger Day with us! **No bookings required | Gold Coin Donation**

Connect with Others

Crafty Chicks

Tuesdays 7:30 pm - 9:30 pm
Gold coin donation per session

Japara Stitchers

(4th Tuesday of the month)
Tuesday 12:30 pm - 3:00 pm
\$5 per session

Kilsyth Senior Citizens

Tuesdays 10:30 am - 1:00 pm
Join this welcoming group on Tuesdays to chat, share a cuppa and play a game or two. **Gold coin donation per session**

Knit and Natter in the Foyer

Mondays 10:00 am - 12:00 pm
Creating all manner of fibre wonders, these ladies knit and crochet for charity, for their grand kids and just for the joy of it! Come down and see what they're up to in the Japara Foyer on Mondays.

Sit and Sew

(1st Monday of the month)
Enjoy a cuppa and a chat while you work on your sewing projects. **Monday 7:30 pm - 9:30 pm**
\$5 per session

Social Guitar Group

Join a relaxed group of social guitar players. New members welcome. **Mondays 8:00 pm - 9:00 pm**
\$5 per session

Japara Bridge Social Walking Group

Wednesdays 10:00 am - 11:00 am
Starting 24th April
Have a chat and make new friends while you walk around Elizabeth Bridge Reserve. Meeting under the Japara Bridge sign at 49 Durham Road, Kilsyth. Bring your walking shoes, your water bottle and join us for a casual walk around the reserve. **Gold coin donation per session**



Get Creative

Taking Great Pictures with Your Smart Phone

FREE Taster Session at Croydon Library
Thurs 18th Apr | 10:00 am - 12:00 pm

Do you ever take a photo only to feel disappointed by the blurry, not very interesting results? Learn how to use your phone to take AMAZING photos in this free session at Croydon Library. This taster will give you the basic skills to continue into our further videography and photography courses.



Creating Videos with Your Smart Phone

Module Code: 24EDCDIGSTOR

2nd May - 6th June | 6 sessions | \$50
Thursdays 10:00 am - 12:00 pm



Explore the basics of video creation using your smart phone, free applications and personal social media accounts. Learn about:

- Video pre-production
- Planning, lighting and audio
- Framing, camera angles and stability
- Telling a story through video
- Recording and editing
- Sharing on various social platforms
- Screening and reviewing

Creative Community Art and Craft Space

Wednesdays from 12:45 pm - 1:45 pm

7th February - 11th December

Cost: Gold Coin Donation

Make art, craft, friendships, social connections or just a little time for yourself in our community art and craft space. Bring your latest project and join like minded artists and crafters in an informal, friendly atmosphere.

Tools for Women

Hey Ladies .. you don't need to call a professional for all those little jobs

Learn how to identify the right tool for any project and practice using them safely in these face-to-face sessions designed for women.

All equipment supplied. Bring yourself and your friends, or make new ones!

Starts Sat 20th April | 10:30 - 1:00 pm
3 sessions | \$20

(discount for Garden Club Members)



Move Your Body!

Dru Yoga

This graceful form of Yoga is based on soft flowing movements, controlled, directed breathing and visualisation. Sessions are designed for people of all abilities, fitness levels and age groups.

Monday Morning Classes

9:15 am - 10:30 am | \$175

15th Apr - 24th Jun | 10 sessions

Tuesday Evening Classes

7:00 pm - 8:15 pm | \$193

16th Apr - 25th Jun | 11 sessions

Tai Chi Beginners

18th Apr - 27th Jun | 10 sessions

Thursday 11:00 am - 12:00 pm | \$150

Enjoy low impact routines that are excellent for developing your balance and coordination while improving your strength and breathing.

Intermediate Tai Chi

16th Apr - 25th Jun | 11 sessions

Tuesday 2:30 pm - 3:30 pm | \$165

Take your Tai Chi to the next level. This next step program is designed for students who have previously enjoyed Tai Chi classes.

Free Outdoor Tai Chi session at Mooroolbark Library

Thur 4th Apr | 11:00 am - 12:00 pm

Reconnect with nature, your body and your mind in this relaxing outdoor Tai Chi taster session.

Bookings are essential, visit:

<https://events.yourlibrary.com.au/event?id=52756>



Japara Dance Party - Inclusive Discos

Inclusive discos for ages 18+ open to people with disability, parents, carers, siblings and friends.

\$15 gives you access to all of the following dates:

Saturday 6th April

Saturday 1st June

Saturday 3rd August

Saturday 5th October

Support workers and care givers attend free. Registration required.

7:00 - 8:30 pm
at Japara House
54-58 Durham Rd
Kilsyth



Visit our Village

Japara is a not-for-profit organisation dedicated to inspiring community connection through fun and meaningful experiences, safe and inclusive spaces, and supporting individuals, families, groups, and other organisations to thrive. On site with us you will find:

Australia Chin Community

ACC supports the Chin Community to access recreational activities, a homework club and a range of services.

Montrose Community Cupboard

A volunteer-run free food pantry, located at Japara Bridge House at 49 Durham Rd, Kilsyth. We rescue food from landfill and redistribute it to our local community via our pantry, weekly markets and (coming soon) monthly community meals.

Thumbs Up Wellbeing and Intervention

Working together with parents and children towards their goals through play based early intervention, supporting their NDIS journey, understanding deaf education, developing speech and language skills and enhancing wellbeing through a range of one-on-one early interventions and wellbeing groups.

U3A Yarra Ranges

Providing retirees with diverse intellectual, cultural, physical and social programs in a welcoming, safe and social environment.

Valley Care

A not-for-profit landscape gardening company providing meaningful employment, individual support, mentoring, education and pathways for people with disabilities. Valley Care will be partnering with us to facilitate our sustainable gardening and tool workshops onsite at Japara Bridge!

Viva La Dance

Viva La Dance provides classes across a wide range of dance styles at Japara. We are excited to have Tina host our series of inclusive disco and movie nights throughout 2024.

CHILDREN AND FAMILIES



Childcare Service

Mon, Tues, Wed and Fri
9:00 am - 2:00 pm

Families can opt to book their child in for between two and five hours within these session times. We charge \$14.50 per hour with eligible families receiving CCS (Government rebate) off this fee.

Our programs are run by qualified staff with experience in all age groups and service styles. Activities are planned based on the current needs and interests of the group in line with the Early Years Learning Framework.

We offer permanent and casual positions. Visit our website for more information.



Junior Lab

Junior Lab - Low Cost Family Fun!

Thursdays 10:00 am - 11:00 am
2nd May - 20th June | 8 sessions

Join us at Japara for a fabulous series of fun, interactive, hands-on sessions where children can explore science and art in a self-led open play space. Activities are designed to support and encourage flexible and creative problem solving using everyday situations to build skills and work with others. Parent or carer must attend.

For ages 1 - 5 years | Cost per term: \$16

FREE Junior Lab Session at Mooroolbark Library

Thursday 18th April
10:00 am - 11:00 am

Join us for an exciting scavenger hunt around Hookey Park, then draw or paint what you find! Parent or carer must attend.

For ages 1 - 5 years



Bookaburra Storytime

Wednesday mornings at Japara
Time: 9:15 am - 10:00 am weekly

Bookaburra Storytime stories, singing, rhymes, a craft activity and lots of fun. This program promotes the importance of early years literacy in our community. For ages 0-5 years.

Free Event - Teddy Bear's Picnic

Saturday 13th April | 11:30 - 2:00 pm

Join us at Japara Bridge Gardens for games and family fun at our Teddy Bears' Picnic! Pack your:

- 🍓 picnic lunch
- 🐾 your favourite rug
- 🧸 your special teddy



and bring the family down to Japara Bridge at 49 Durham Road, Kilsyth. No bookings required.



Hire the Japara Bridge House and Gardens for your Private Function



A great space for children's parties which also gives you access to Elizabeth Bridge Reserve playground located approximately 30 metres from the house itself.

You will have exclusive access to the the Bridge House, which includes two toilets, a large room with tables and chairs that is great for catering and games. The house has a brand new kitchen with oven, cook top, microwave, dishwasher and fridge. The front room is a lounge area with couches and fresh carpet for any of your party guests who need some quiet time.

For all venue hire enquiries including information on pricing and availability email: venuehire@japarahouse.com.au



facebook.com/japarahouse

instagram.com/japarahouse

Book into a Program or Activity

Use the QR code to visit us at www.japarahouse.com.au, then:

1. Choose from all available programs
2. Complete our online enrolment form



Contact Us

54 - 58 Durham Road, Kilsyth 3137

General: info@japarahouse.com.au

Events: engagement@japarahouse.com.au

Web: www.japarahouse.com.au

Telephone: (03) 9728 3587

A.B.N. 93 252 863 062 | TOID: 20104

Hours of Operation

Monday - Thursday 9:00 am - 4:00 pm

Japara gratefully acknowledges the support of our funding bodies and peak organisations. We are a Learn Local provider.

