

PROGRAM AND ACTIVITY GUIDE

OCTOBER - NOVEMBER - DECEMBER
TERM 4, 2023

JAPARA
Inspiring Community Connection

*The Heart
of Kilsyth*



SERVICE EXCELLENCE



FLEXIBILITY



LEARNING



Be Our Guest at Japara

Whether you're hosting a party, business meeting, workshop, craft group or health and wellbeing class we have the space for you!

Our home, The Kilsyth Community Hub, has a main hall with a large adjoining kitchen and a wide variety of meeting rooms, while across the road, situated in the beautiful Elizabeth Bridge Reserve, indoor and outdoor creative spaces are abundant.

Throughout the week we are a vibrant community hub hosting a large range of events, craft groups, dance classes, singing groups, church groups, exercise classes, business meetings and workshops.

Many of our rooms are equipped with digital projectors, laptops, electronic whiteboards and have access to a central courtyard. Our Annex is a standalone building with big, beautiful floor to ceiling windows. Frequently used for yoga and tai chi classes, this space is also perfect for parties and craft groups.

The Early Years Building is very popular for children's parties. With direct access to a fully fenced playground, you can enjoy catching up with your guests whilst your little ones can safely explore the space without escaping!

For more information please contact us at venuehire@japarahouse.com.au



In the Garden

Sustainable Gardening



Wicking Beds

Code: 23SHMGARDEN | \$10
Sat 18th Nov | 9:30 am - 11:30 am
Learn why wicking beds are better for your garden. Watering from below can reduce leaf mold and disease and increase drought tolerance. Built using basic and recycled materials.

Gardens of the Bridge

Exciting things are afoot at the beautiful Bridge Gardens - keep your eyes on our socials as we get your community food garden ready to plant and harvest!

The Garden of Contemplation

We welcome everyone to explore this quiet space, created to acknowledge those impacted by family violence. Visit the garden to reflect, rest and relax. 49 Durham Road, Kilsyth

Kilsyth Community Compost Hub

The Bridge House offers residents an environmentally friendly option for kitchen scraps to be broken down into compost. If you live near Kilsyth or Montrose and would like to sign up to become members of this Community Hub, please use the QR code to register.



Sign up to join the Community Compost Hub.



Montrose Community Cupboard

49 Durham Road, Kilsyth
Free Food Markets & Community Meals
Fortnightly Saturdays. Stop food ending up in landfill! Follow Montrose Community Cupboard (Victoria, Australia) and Japara Neighbourhood House on Facebook to see when and where the Community Cupboard is popping up. Meet your neighbours, share a meal and a cuppa.



**GIVE WHAT YOU CAN
TAKE WHAT YOU NEED**

Kilsyth Festival and Craft Fair



Free admission for all ages!

Family-friendly event with a wide range of entertainment including:

- Performances and Live Music
- Mad Hatter's Tea Party
- Market Stalls and Pony Rides
- Sausage Sizzle and more!

Don't forget to check out Japara's incredible activities and performances throughout the day on site at the Bridge House.

Kilsyth Festival Craft Fair



Entry by Gold Coin Donation

As the Festival has grown, so has the location! Japara is thrilled to be hosting a variety of activities across the road at the Community Hub.

Our entire building will be jam packed with a wide range of hand made goods, so come down and get your Christmas shopping done and dusted!

Browse stalls filled with beautiful yarn and handcrafted items, see amazing demonstrations and craft guilds, then enjoy a sausage sizzle or the sandwich bar. Don't miss the fabulous and festive **Christmas Cookie Decorating** with Nicky in the main centre - It's going to be amazing! We can't wait to see you at the Kilsyth Festival and Craft Fair!

National Community Garden Day

Sunday 26th November

Crocs Crop - Edible Hanging Garden

Grab your old Crocs and bring them down to Elizabeth Bridge Garden. To celebrate National Community Garden Day, we will be turning your neglected old Crocs into fun miniature gardens! Fill 'em up with a variety of edible plants to decorate the Community Garden, and make some to take home to make your own "Crocs Crop" as well!



Social Groups at Japara

HELLO!

Crafty Chicks

Tuesdays 7:30 pm - 9:30 pm
Gold Coin Donation

Japara Stitchers

(4th Tuesday of the month)
Tuesday 12:30 pm - 3:00 pm
\$5 per session

Jigsaw Puzzle Group

Join this friendly group of puzzle enthusiasts. New members welcome.
Wednesdays 1:30 pm - 4:00 pm
Gold Coin Donation

Kilsyth Senior Citizens

Tuesdays 10:30 am - 1:30 pm
Join this vibrant, welcoming group on Tuesdays to chat, share a cuppa and play Bingo.

Knit and Natter in the Foyer

Mondays 10:00 am - 12:00 pm
Creating all manner of fibre wonders, these ladies knit and crochet for charity, for their grand kids and just for the joy of it!

Come down and see what they're up to in the Japara Foyer on Mondays.

Sit and Sew

(1st Monday of the month)
Monday 7:30 pm - 9:30 pm
\$5 per session

Social Guitar Group

Join a relaxed group of social guitar players. New members welcome.
Mondays 8:00 pm - 9:00 pm
\$5 per session

Japara Walking Group

Fridays 9:00 am - 1:00 pm
Gold Coin Donation



Art and Craft

Cricut Christmas Cards for Seniors

Monday 4th December | 1 session
11:00 am - 12:30 pm | FREE

Join this Your Library session, explore what you can do with a Cricut machine and create your own beautiful cards for your loved ones this Christmas.



Twinkle Jars and Christmas Baubles

22nd November | 1 session
Wednesday 5:00 pm - 7:00 pm | \$35

Fold beautiful butterflies by hand and combine them with LED string lights to make a Christmas-themed Twinkle Jar or a beautiful Christmas Bauble.



Eco-friendly Festive Floristry

14th November - 5th December
Tuesday 1:00 pm - 3:00 pm
4 sessions | \$85

Christmas-themed floral fun using traditional floristry methods. Explore a range of beautiful and sustainable Christmas decorating ideas that are easy on the environment and your pocket!



Walking Photography

Module Code: 23SHMDIGSTOR
12th Oct - 16th Nov | 6 sessions

Thursday 9:30 am - 11:30 am | \$50
Learn how to use your digital phone or device to get amazing photos, then use those photos to tell a story. You will:

- Learn tricks to improve your images
- Maximise your camera settings
- Explore lighting and composition
- Use a variety of photo editing apps
- Explore photo opportunities around Mooroolbark and Kilsyth

This class caters for beginners through to those with more advanced skills. Take your photography for personal and small business use to the next level!



Creative Community Space

Wednesdays from 11:00 am - 12:00 pm
Commencing 18th October

Gold Coin Donation

You don't need to be an artist to create! Join our brand new community space and create art, craft, friendships, social connections or just a little time for yourself. Bring your latest project and join like minded artists and crafters.



Introduction to Terrariums

Thursday 14th December | 1 session
10:30 am - 12:00 pm | \$35

Make a beautiful terrarium in this friendly, step-by-step class. Choose from a variety of decorations and plants to create an indoor garden for yourself or as a fabulous gift for someone special this Christmas.

Health and Wellbeing

Dru Yoga

This is a graceful form of yoga based on soft flowing movements, directed breathing and visualisation.

Inclusive for all yogis from beginners to intermediate.

Monday Classes | 9 sessions

9:15 am - 10:30 am | \$158
9th October - 11th December

Tuesday Evening | 10 sessions

7:00 pm - 8:15 pm | \$175
3rd October - 12th December

Tai Chi Beginners

5th Oct - 14th Dec | 11 sessions
Thursday 11:00 am - 12:00 pm | \$165

Develop balance and coordination while building strength and improving your breathing.

Intermediate Tai Chi

3rd Oct - 12th Dec | 10 sessions
Tuesday 2:30 pm - 3:30 pm | \$150

This next step program is designed for students who have previously enjoyed Tai Chi classes.

Better Breathing for Life

8th November | 1 session
Wednesday 2:00 pm - 3:00 pm | \$20

Learn breathing techniques that can improve your energy during the day and help you to sleep at night.

Japara Book Club

A group of book enthusiasts meeting on the first Monday of each month to discuss a range of books and themes.

Commencing 2nd October

7:30 pm - 9:30 pm

Cost: Gold Coin Donation

Japara is a not-for-profit organisation dedicated to creating a safe and inclusive environment, inspiring life-long learning, and facilitating individual growth and social connection.

We gratefully acknowledge the support of our funding bodies and peak organisations.

We are a Learn Local provider.



How to Book

- Visit our website to book and pay
- Come in to the office and speak with one of our friendly staff
- Call us on 9728 3587 to enrol over the phone

Fees and Concessions

* This symbol denotes programs that are eligible for a concession.

A 10% concession is available to Centrelink and WeCare card holders.

A 5% concession is available to Seniors Card holders and Japara Members.

If finances are a barrier, please contact our friendly staff to discuss options.

Contact Japara

54 - 58 Durham Road, Kilsyth 3137

Email: info@japarahouse.com.au

Web: www.japarahouse.com.au

Telephone: (03) 9728 3587

A.B.N. 93 252 863 062 | TOID: 20104

Keep an eye on our Instagram and Facebook pages for information on upcoming programs and events.



facebook.com/japarahouse



instagram.com/japarahouse

Program Key



Social
NEW



Structured
ACFE Funded

Learn Local Programs

Internet and Cyber Security

Module Code: 23SHMMARKET1
14th Nov - 5th Dec | 4 sessions
Tuesday 7:00 pm - 8:30 pm | \$20

This beginner's program will include simple to implement strategies to protect yourself and your data from cyber threats, email and Facebook scams, phishing, spam and more. Keep your data safe!

Talking Sustainability for Life

Module Code: 23LANCAFE
10th Oct - 12th Dec | 9 sessions
Tuesday 10:00 am - 11:30 am | \$30

Share a cuppa and a chat in the lovely Elizabeth Bridge Gardens while exploring Permaculture principles and sustainable living ideas for your everyday life.

Free Social Conversation Group

English as a Second Language

Module Code: 23LANENGCON
19th Oct - 14th Dec | 9 sessions
Thursday 10:30 am - 12:30 pm | FREE
Practise your English skills over a cuppa and connect with other learners from your local community. Don't know what to talk about? Don't worry! You can share your favourite recipes, books or hobbies, talk about movies and tv shows, or bring a game to enjoy with others while you chat.



NEW

NEW

NEW

FREE Cooking Workshops



Baking for Christmas

Give the gift of handmade this Christmas! Is there anything better than receiving a handmade gift? Bake your own pressies for Christmas this year and give your loved ones something extra special.

Saturday 2nd December
10:00 am - 2:00 pm



Christmas Cookie Creations

Do you love baking (or maybe just munching on) fresh, homemade cookies? Join us for this December workshop to bake and decorate a batch of delicious festive cookies for Christmas.

Saturday 9th Dec | 10:00 am - 2:00 pm

Aussie Eats - Cooking for CALD

Aussie favourites twisted to perfection.

This demonstration and workshop is designed for Culturally and Linguistically Diverse participants to share in a favourite Aussie meal with a twist while practising their English skills.

Saturday 7th October
12:30 pm - 4:30 pm

Saturday 28th October
12:30 pm - 4:30 pm



FREE SESSIONS Mooroolbark Library!

Registration is required. Head to: <https://www.yourlibrary.com.au> and search for Japara in the Events section.



FREE Let's Dance! | 1 session

Mon 9th October | 11:15 am - 12:15 pm
This movement class works on gross motor skills development through dance and games.

FREE Tai Chi | 1 session

Thur 19th October | 2:15 pm - 3:15 pm
Explore the practice of meditation in motion with the low impact art of Tai Chi. Suitable for all ages and abilities.

FREE Yoga in the Park | 1 session

Fri 3rd November | 9:15 am - 10:15 am
Outdoor Yoga class in Hookey Park. Everyone is welcome.

Do you have skills to share?

We'd love to hear from you!



We are always looking for exciting ideas for programs and workshops at Japara.

If you would like to share your passion for art, craft, languages, health, fitness, gardening, cooking or anything else you can think of, contact us to have a chat with one of our friendly staff.

Children and Families

Junior Lab - STEAM

12th October - 7th December
Thursday 10:00 am - 11:00 am | 5 sessions
A series of fun and interactive, hands-on sessions where children can explore science and art in a self-led open play space. Encouraging flexible and creative problem solving using everyday situations to build skills and work with others. Parent or carer must attend. For ages 1 - 5 years. Cost: \$2.00 per session.

School Holiday Program

Paper Bag Puppets!

Thursday 21st September | 1 session
Time: 1:00 pm - 3:00 pm
Make and decorate your own paper bag puppet character, then work together to create a short puppet show!
For children aged 6 and up.
Cost: \$12 including materials

FREE Children's Week Event

Up Close with Reptiles and Wildlife

Tuesday 24th October | 2 sessions
Session 1 - 10:00 am - 11:00 am
Session 2 - 11:30 am - 12:30 pm
Meet a wide range of reptiles, frogs, invertebrates, birds and marsupials and learn about the diversity of wildlife found in the Australian bush. For ages 2 - 5 years.

This is a free Children's Week event supported by the Department of Education.

NEW

Bookaburra Storytime

Resumes Wednesday 4th Oct
Wednesday mornings at Japara
Time: 9:15 am - 10:00 am weekly
Bookaburra Storytime stories, singing, rhymes, a craft activity and lots of fun. This program promotes the importance of early years literacy in our community. For ages 0-5 years.



Safety Checks and Car Restraint Fitting



Resumes Tuesday 3rd October
Tuesdays fortnightly in the car park
10:00 am - 2:00 pm. Book your free fitting or safety check with accredited and experienced fitters today and keep your most precious cargo safe.
Bookings online at:
<https://safeseatssafekids.com.au/venues-mec/>

Well-being Parent Group - DHOH

"Welcome to Parenting" is a new parenting group for families who are deaf or hard of hearing.

Learn from each other about deafness and parenting, share experiences and some new early childhood strategies.

Interpreters, babies and toddlers welcome.



Childcare Service

Mon, Tues, Wed and Fri
9:00 am - 2:00 pm

Families can opt to book their child in for between two and five hours within these session times. We charge \$14.50 per hour with eligible families receiving CCS (Government rebate) off this fee.

Our programs are run by qualified staff with experience in all age groups and service styles. Activities are planned based on the current needs and interests of the group in line with the Early Years Learning Framework.

We offer permanent and casual positions. Visit our website for more information.

